

# SPORTSROUND

21<sup>st</sup> June  
2007

## Round-Up of Sports News & Information for Yorkshire Region

### Leeds Sports Grants

The Leeds Sports Grants are intended to encourage and enable people of Leeds to take part in sport, particularly within the Voluntary Sports clubs. The system is administered by the Leeds Sports Federation on behalf of Leeds City Council, through its Grants Panel. Awards are normally made for sports equipment or kit only. Applicants must reside or be predominantly based within the Leeds City Council administrative boundary. Applications will normally only be considered from clubs who are affiliated to their national governing body of sport and/or are a bona fide sports club. All clubs must operate an open membership system and encourage the development of and participation in sport by groups normally underrepresented in terms of sports participation. Grant Awards are £100 minimum and £500 maximum. Applications from individuals will only be considered for specialist sports equipment or costs associated with representing their country in international competition at junior or senior level. Grant awards for individuals will not normally be for more than £250 per applicant. Application forms and the detailed criteria can be found at <http://www.leedssport.org.uk>. For activities taking place or commencing in September, October or November, the completed application form together with the required financial information should be sent to: Leeds Sports Federation, Carnegie Hall, Headingley Campus, Leeds LS6 3QS to arrive by 31st July.

### Safeguarding Children

Leeds Safeguarding Children Board is member of the Safeguarding Children E-Academy provided through Virtual College, and are able to provide the Basic Awareness in Child Protection Training (Level 1a) through e-learning, allowing people to access training on-line in their own time and settings. There are 2 on-line courses available:

- The Awareness of Child Abuse & Neglect - Short Foundation Course.
- The Awareness of Child Abuse & Neglect - Core Introduction Course.

These are independent courses and do not follow on from each other. Applicants will be allocated one of the courses dependent on their role and level of interaction with children and young people. For a free demonstration visit the Safeguarding Children E-Academy Website

<http://www.safeguardingchildren.co.uk>. Application is via an online application form available on <http://www.leedslscb.org.uk>. Participants will then be sent a log in name and password, along with details of how to access the training.

### NCVO & Institute of Directors

The National Council for Voluntary Organisations (NCVO) has negotiated a special reduction on the cost

of joining the Institute of Directors (IoD) for trustees, Chief Executives and Directors of NCVO member organisations. The IoD is the main professional body for business leaders, providing inspiration and support to individual executives. Membership of the IoD offers a unique package of benefits designed to support strategic decision-making and the wide range of responsibilities required of today's directors. This new partnership means that Trustees, CEOs and Directors of registered charity NCVO member organisations will qualify for an entirely waived election fee, saving £200 per applicant. Services from the IoD include: the award-winning Business Information service, staffed by a team of expert researchers; detailed business and legal advice available by appointment via the Directors' Advisory Service; an extensive range of IoD publications and events designed to ensure that members are fully up-to-date on current business issues and thinking; and exclusive access to free meeting facilities at twelve prestigious buildings. The cost of one year's membership is £285 for leaders of NCVO member organisations that are registered charities (a saving of £200) and £385 for leaders of NCVO member organisations that are not registered charities (a saving of £100).

### Volunteering Workshops

Volunteers are the lifeblood of all sport organisations. There are many different roles that volunteers can play within sport - to find how you can become involved look at the links for local clubs, local bureaux and national organisations. West Yorkshire Sport are organising a Volunteer Management workshop that will help you to manage effectively the volunteers that are essential to the current and future success of your club. At the end of the workshop you will be able: to build volunteer planning and management in your club; support the role of volunteer coordinator within your club; and provide your volunteer coordinator with the tools they need to do their job effectively. For details of the next course contact: Kirsty Thornton 01484 234087 or email [kirsty.thornton@wysport.co.uk](mailto:kirsty.thornton@wysport.co.uk). For more information visit <http://www.westyorkshiresport.co.uk/clubs-coaches-volunteers/volunteering>

### Sport & Academic Achievement

Children who participate in lots of physical activities are up to eight times more likely to excel at exams. Pupils who take regular exercise are up to eight times more likely to achieve good GCSE results than their less sporty peers, research has revealed. Active 16-year-olds outperform classmates who do not take exercise in English, maths and science tests, according to the early findings of a 10-year study. Academics have followed the progress of more than 3,500 pupils at Wright Robinson Sports College in Manchester. Of the most active girls, defined as those who attended at

least three extra-curricular sports clubs a week, 43 per cent achieved an A\* to C grade in GCSE maths. Of the least active, who did not attend any sports clubs, only 5 per cent achieved those grades. For boys, the same comparison resulted in 33 per cent achieving an A\* to C in maths compared to 5 per cent. In English, 63 per cent of the most active girls got a good GCSE grade compared to 15 per cent of the least active. For boys, the figures were 26 per cent compared to 16 per cent. Moreover, in double science, the comparison was 81 per cent to 29 per cent for girls and 50 per cent to 36 per cent for boys. The results, released for the first time, are from exams taken in 2003, after tracking pupils from Year 7 to Year 11. Dr Gillian Burgess, a senior research fellow at the Manchester Institute of Sport and Physical Activity, which is part of Manchester Metropolitan University conducted the study and found that the focus on team and competitive sports in schools turns off large numbers. When pupils, particularly girls, are given a chance to do exercise such as aerobics, trampolining and dance, they are more likely to participate, she said. Professor Margaret Talbot, the chief executive of the Association for Physical Education, said: "There needs to be a broad curriculum. It is not that team sports are wrong; they are right for many pupils, but not all. Children involved in sport tend to have the other factors that contribute to academic success. They tend to be from more middle class backgrounds and stay in school longer. But the evidence is that good quality sport provision means children overall do better."

### **Olympic Football 2008**

Britain are to miss out on the chance to enter next year's football competition at the Beijing Olympics even though England's successful march to the semi-finals of the European Under-21 championship in Holland means a British side is now entitled to one of the four places guaranteed by UEFA for European teams at the 2008 Olympics. But because of a split between England and the rest of the British nations over the issue of an Olympic football team, the FA are to turn down the chance to enter a team in the tournament. The last time Great Britain played in the Olympic Games football tournament was in 1960, when the team was captained by the current Vice-Chairman of the Federation of Yorkshire Sport, Mike Greenwood.

### **Exercise & Osteoporosis**

Regular exercise can stave off osteoporosis in men as well as women, researchers say. They found that sporty men are less than half as likely as their couch potato counterparts to suffer a broken hip in old age. Often thought as a disease of women, osteoporosis - or weakening of the bones - affects one in five men aged 50 and over. Although it is well-known that keeping fit can boost the strength of women's bones, this is the first study to show that the benefits extend to men. The researchers looked at how exercise affected the likelihood of fractures in more than 2,000 men. The volunteers, who were aged around 50 at the start of the study, were tracked for 35 years. The scientists found a clear link between the chances of breaking a bone and the amount of exercise done. Those men who did little or no exercise were two and a half times more likely to suffer a broken hip than those who did at least three hours of sport. Exercise cuts the risk of fracture by strengthening bones and improving balance. The researchers, from Uppsala University Hospital in Sweden, calculated that a third of all broken hips in

men could be prevented if they played three hours of sport a week.

### **Regional Forum for Voluntary Organisations**

The Regional Forum for Yorkshire & The Humber (Suite D10, Joseph's Well, Hanover Walk, Leeds LS3 1AB) is seeking an Administrative Secretary (salary NJC equivalent pt 18-21 (£16,137-17,985) 5% pension contribution 35 hours full time post. This vital role will provide secretarial support to a wide range of regional projects. In addition, the successful candidate will also provide secretarial support to the Trustee Board. You will be part of a small administrative team providing administration support to both staff and external partners. Essential expertise for this role will include: experience of providing secretarial support and of office and administrative systems; experience of computer packages: Microsoft Word and Email systems including mail merge, spreadsheets, MS Outlook, data entry with databases; proven minute taking skills. Application closing date: 6th July 2007 at 12 noon; Shortlisting: 9th July 2007; Interviews: Monday 16th July 2007. Please download the application pack by visiting [http://www.regionalforum.org.uk/job\\_tender\\_opportunities.php?id=48](http://www.regionalforum.org.uk/job_tender_opportunities.php?id=48) or Email [jobs@regionalforum.org.uk](mailto:jobs@regionalforum.org.uk) or Telephone: 0113 394 2300

---

***SPORTSROUND is compiled by Weltech Solutions on behalf of the Federation of Yorkshire Sport and Leeds Sports Federation and contains information supplied by Sport England Yorkshire, the CCPR, and various other contributors throughout the region. Whilst every care is taken in producing this Bulletin, neither the Federations, nor CCPR nor Sport England Yorkshire can accept liability for any inaccuracies or omissions. Inclusion in the bulletin does not represent any endorsement of the projects or initiatives it contains and readers are recommended to take their own steps, where necessary, to verify the reliability of any organisation or project.***

***Further information about the Federation of Yorkshire Sport can be obtained from [www.yorkshiresport.org.uk](http://www.yorkshiresport.org.uk)***

***Further information about the Leeds Sports Federation can be obtained from [www.leedssport.org.uk](http://www.leedssport.org.uk)***